**Emotional Health and Resilience Charter**

Process for assessing and improving the provision of mental health and emotional wellbeing of pupils and staff in school. A school adopting the Charter shows their commitment to effective emotional health and resilience provision that meets the needs of pupils and staff in their school.

Sign and display a copy of the charter to show the school’s commitment to effective Mental Health and Emotional Wellbeing provision.

Record the outcome of new interventions.

Consider a repeat of the baseline assessment to evidence impact. Share improvements with whole school community and through local partnerships

Ensure plans are in place to maintain effective provision – revisit the audit yearly

Monitor the action plan and the progress of implemented interventions

Complete an action plan based on the actions identified on the completed audit.

Refer to links and information document to support actions.

Include baseline assessment of needs to ensure interventions match need

Audit existing provision using the local charter audit and support notes. Record evidence of what is in place and ideas for areas of development

Set up a Wellbeing Group. This team of staff can have responsibility to audit provision and set and monitor actions