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Introduction

Welcome to Issue 1 of SOLAR News.

This email newsletter will provide regular updates on how Nottingham City Council's Sport, Opportunities, Life Skills, Adventure and Risk Management (SOLAR) Service can support schools and their young people.

We hope you find it useful and please don't hesitate to get in touch with any suggestions or questions.

Sport



Meet the Team - To meet the SOLAR Swimming Team please visit: <http://bit.ly/2BDctEn>

SOLAR Swim - The National Curriculum requirement of swimming 25 Meters unaided and possessing water safety knowledge is a challenging target and school support in achieving this is invaluable, as not all children participate in out of school lessons or activities. However, the School Swimming Service is continuing to buck the trend and over the past four years we have seen the percentage of children who can achieve the national curriculum requirement rise from 27% to 48%. With the national average at 55%, we are truly proud of the pupils for trying so hard and schools for supporting them. While budgets remain tighter than ever,

Events and Training

Wednesday 18th April (9.30am-3.30pm) - Making the most of residential trips and outdoor adventure activities.

Monday 26th March - Partnership Event on Emotional Wellbeing and Resilience for Schools and Services. To book contact: helen.bradley4@nhs.net

Thursday 21st June at The College Street Centre - The Primary Network Event

Thursday 28th June - Nottingham RSE Day

please be aware swimming is not just a PE topic, it's also a life skill. For more information please visit:
<http://bit.ly/2ICGTHK>

Outdoor Learning



Opportunity Notts & My School Challenge - Opportunity Notts/My School Challenge is an online opportunity tracker designed to assist your school/academy in giving the next generation the skills and confidence to succeed in school, after school and help them achieve their dreams in life beyond school. For more information please visit:
<http://bit.ly/2EQYFrC>

Lifeskills



First annual Nottingham City RSE Day - 28th June 2018 marks the first annual Nottingham Relationships and Sex Education (RSE) Day. The aim of RSE day is to encourage all people in the City to see RSE as part of their responsibility. There are opportunities for all City residents, employees and organisations to take part, some examples include: fundraising for a local RSE related charity; having a conversation with their child about RSE; or delivering RSE sessions to students. For more information on the first annual Nottingham City RSE Day please visit: <http://bit.ly/2FJkQ19>

Making the most of residential trips and outdoor adventure activities (OAA) through character development - Facilitated jointly by members of both the PSHE Advisory Team and Nottingham City Adventure Camps, this day is designed to help schools make the most of Outdoor Adventurous Activities and Residential experiences. This event will take place on Wednesday 18th April at The College Street Centre from 9.30am until 3.30pm. For more information please visit: <http://bit.ly/2pdFBKq>

Healthy Children's Centre Standard Success -

Congratulations to all 6 Early Help Teams across the city who have each achieved their Healthy Children's Centre Standard. Meeting all the criteria within the core areas of Personal, Social and Emotional Wellbeing and Physical Development each team has demonstrated an outstanding commitment to, and provision of high quality services to support and maintain the health and wellbeing of all our young children and families in Nottingham city. For more information please visit: <http://bit.ly/2obrFB3>

Primary PSHE Network Event - The primary PSHE network events are an opportunity for schools to get together, receive new information and share good practice. The primary team lead the sessions and give updates and information on topics related to PSHE and the Healthy Schools Standard. For more information please visit: <http://bit.ly/2EDKE1c>

Secondary PSHE Network - The Secondary PSHE/PD network events are organised on a regular basis to enable school co-ordinators to come together for local and national updates and to share good practice and resources. The meetings include an input from members of our team on areas of interest. Previous topics have included Internet Safety, FGM and Character Curriculum. For more information please visit: <http://bit.ly/2oaeGzv>

Zippy's Friends: Resources a for teaching social and emotional skills - This programme teaches children how to cope with everyday difficulties, to identify and talk about their feelings and to explore ways of dealing with them. It also encourages children to help other people with their problems. For more information on the resource, please visit: <http://bit.ly/2obrWns>

Partnership Event on Emotional Wellbeing and Resilience for Schools and Services - This will take place on Monday 26th March from 4pm until 5.30pm at The Park Inn by Radisson, Mansfield Road, NG5 2BT. For more information please visit: <http://bit.ly/2oGxWEr>

National PSHE-CPD Programme - The National PSHE-CPD Programme is accredited by the University of Roehampton and enables teachers to gain recognition of their experience of teaching personal, social and health education (PSHE) including Relationships and Sex Education which is due to become statutory next year. Currently 4 teachers in Nottingham City are benefitting from 3 training days, reflecting critically on their practice and completing assignments with a view to becoming accredited at the end of the year. For more information please contact: Jane.Hyland@nottinghamcity.gov.uk



Helping End Female Genital Mutilation - The City of Nottingham was the first city in the UK to declare a zero-tolerance stance on FGM. Our contribution to helping this happen is to work in partnership with The Mojatu Foundation, a Nottingham based charity and community organisation, to provide training and awareness raising opportunities for colleagues across the city. For more information please visit: <http://bit.ly/2FJKaUG>

Adventure

In-school and Adventure Centre based Outdoor and Adventurous Activity sessions - Don't worry, there is still some availability left this academic year for either in-school or Adventure Centre based Outdoor and Adventurous Activity (OAA) sessions:

In School:

- The Transformer Mobile Climbing Wall
- Archery
- Orienteering
- Forest Schools

Adventure Centres:

- The Arches Adventure Base- Climbing, Abseiling, Archery
- Colwick Park Adventure Centre- High Ropes, Water Sports, Archery, Orienteering, Environmental Activities

We pride ourselves on offering professional staff to deliver educational, engaging and fun activities to your young people, at a reasonable price. We are flexible and can tailor our offer to your school's needs.

Colwick Park Adventure Centre Camp - This brand new camp, is the perfect step up from Wollaton Camp, offering progressive adventurous activities. We are very excited to have the opportunity to offer camping at Colwick Park Adventure Centre. This will enable us to utilise the facilities for high ropes activities and water sports at Colwick Park Adventure Centre, along with facilitating teacher led orienteering if you wish. For more information please visit: <http://bit.ly/2oGxWEr>

Wollaton Camp - This opportunity will give some pupils in your school their very first experience of being away from home over night without their families and has proved exceptionally successful for many years. Set in a safe, walled garden in the 500 acre grounds of the recently refurbished 16th Century Wollaton Hall and Deer Park, the camps offer a group of pupils (up to 60 per night) this initial overnight experience. For more information please visit: <http://bit.ly/2oGxWEr>

Risk Management

Why Nott? Transport - Our transport scheme, Why Nott? Transport, can help you to save time and money. As a result of the large number of bookings we make on behalf of schools, academies and community groups, coupled with the buying power of Nottingham City Council and our excellent relationship with local transport operators, we can source low cost quotes for any vehicle, from taxis and minibuses to double decker coaches. We can even do this on the same day you travel if there is an urgent need! For more information on Why Nott? Transport, please visit: <http://bit.ly/2oBPXnk>

SOLAR News. Read present and future!

Contact us on 0115 947 6202 (Ext 238) or email: SOLAR.News@nottinghamcity.gov.uk

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